

# 18. Griesheimer Citylauf

Ergebnisliste 10000m Lauf

25.03.2006

| Rang      | Name                     | Verein / Ort                        | Nat. | Jg        | Kl.        | Platz    | MW-P.    | Zeit           | StNr        | VL |
|-----------|--------------------------|-------------------------------------|------|-----------|------------|----------|----------|----------------|-------------|----|
| 1         | Burkhardt, Dominik       | PTSV Jahn Freiburg                  |      | 77        | M20        | 1        | 1        | 32:03,0        | 1           |    |
| 2         | Roba, Gamachu            | Lang Lauf Jugenheim                 |      | 81        | M20        | 2        | 2        | 33:04,0        | 3           |    |
| 3         | Schnider, Roman          | LSG Karlsruhe                       |      | 78        | M20        | 3        | 3        | 33:29,0        | 1215        |    |
| 4         | Wodniok, Adrian          | SKILLS 04 Frankfurt                 |      | 70        | M35        | 1        | 4        | 33:40,0        | 4           |    |
| 5         | Pintschovius, Lars       | SKILLS 04 Frankfurt                 |      | 77        | M20        | 4        | 5        | 33:55,0        | 1178        |    |
| 6         | Küster, Till             | SKILLS 04 Frankfurt                 |      | 79        | M20        | 5        | 6        | 34:19,0        | 1345        |    |
| 7         | Zehnder, Jürgen          | TSV Pfungstadt                      | GER  | 74        | M30        | 1        | 7        | 34:28,0        | 1319        |    |
| 8         | Ackermann, Johann        | TuS Griesheim                       | GER  | 84        | M20        | 6        | 8        | 34:37,0        | 1286        |    |
| 9         | Panthöfer, Peter         | LG Neu Isenburg/Heusenstamm         |      | 80        | M20        | 7        | 9        | 34:56,0        | 1169        |    |
| 10        | Römer, Michael           | Svo Germaringen                     |      | 72        | M30        | 2        | 10       | 35:16,0        | 1191        |    |
| 11        | Unger, Stefan            | SSC Hanau-Rodenbach                 |      | 76        | M30        | 3        | 11       | 35:19,0        | 1294        |    |
| 12        | Fischer, Markus          | StartNet Team DSW Darmstadt         |      | 69        | M35        | 2        | 12       | 35:23,0        | 1046        |    |
| 13        | Rötzheim, Ulrich         | TV Waldstraße Wiesbaden             |      | 68        | M35        | 3        | 13       | 35:25,0        | 1304        |    |
| 14        | kümpel, Oli              | LG Rüsselsheim                      |      | 68        | M35        | 4        | 14       | 35:51,0        | 1125        |    |
| 15        | Bernd, Uwe               | LG Rüsselsheim                      |      | 60        | M45        | 1        | 15       | 35:53,0        | 1010        |    |
| 16        | Opitz, Alexander         | Frankfurt                           |      | 72        | M30        | 4        | 16       | 36:09,0        | 1440        |    |
| 17        | Zemke, Harald            | TuS Griesheim                       |      | 71        | M35        | 5        | 17       | 36:09,0        | 1262        |    |
| 18        | Konietzny, Christian     | SKILLS 04 Frankfurt                 |      | 82        | M20        | 8        | 18       | 36:32,0        | 1346        |    |
| 19        | Nees, Florian            | 1. FC Kaiserslautern                | GER  | 82        | M20        | 9        | 19       | 36:36,0        | 1433        |    |
| 20        | Kreim, Thomas            | StartNet Team DSW Darmstadt         | GER  | 74        | M30        | 5        | 20       | 36:44,0        | 1350        |    |
| 21        | Gölzenleuchter, Gunnar   | TuS Griesheim                       | GER  | 65        | M40        | 1        | 21       | 36:49,0        | 1336        |    |
| 22        | Hamdaoui, Omar           | Lang-Lauf-Jugenheim (ASC Darmstadt) | GER  | 76        | M30        | 6        | 22       | 36:56,0        | 1348        |    |
| 23        | Kroneberg, Philipp       | Darmstadt                           |      | 78        | M20        | 10       | 23       | 36:57,0        | 1124        |    |
| 24        | Bausch, Markus           | Groß-Umstadt                        | GER  | 74        | M30        | 7        | 24       | 36:57,0        | 1349        |    |
| 25        | Passinger, Michael       | Dreieich                            |      | 62        | M40        | 2        | 25       | 37:00,0        | 1170        |    |
| 26        | Kunkelmann, Christian    | TG Traisa                           |      | 81        | M20        | 11       | 26       | 37:03,0        | 1126        |    |
| 27        | Mokros, Christian        | TuS Griesheim                       | GER  | 86        | M20        | 12       | 27       | 37:19,0        | 1284        |    |
| 28        | Wohlfarth, Tobias        | StartNet Team DSW Darmstadt         |      | 86        | M20        | 13       | 28       | 37:31,0        | 1261        |    |
| 29        | Sigmund, Torsten         | Spiridon Frankfurt                  | GER  | 62        | M40        | 3        | 29       | 37:33,0        | 1425        |    |
| 30        | Köthe, Mathias           | StartNet Team DSW Darmstadt         | GER  | 67        | M35        | 6        | 30       | 37:37,0        | 1434        |    |
| 31        | Schäfer, Jörg            | Eltville                            |      | 66        | M40        | 4        | 31       | 37:47,0        | 1343        |    |
| 32        | Bahl, Thomas             | LG Neu Isenburg/Heusenstamm         |      | 64        | M40        | 5        | 32       | 37:50,0        | 1006        |    |
| 33        | Vallienne, Bruno         | Neu-Isenburg                        |      | 68        | M35        | 7        | 33       | 37:54,0        | 1322        |    |
| 34        | Krämer, Marc             | LT Etzean                           | GER  | 75        | M30        | 8        | 34       | 38:07,0        | 1318        |    |
| 35        | Schmid, Severin          | TaunaGas SC Oberursel               |      | 86        | M20        | 14       | 35       | 38:10,0        | 1211        |    |
| 36        | Kämpf, Thomas            | Rg WI                               |      | 71        | M35        | 8        | 36       | 38:11,0        | 1102        |    |
| 37        | Amend, Georg             | Griesheim                           |      | 58        | M45        | 2        | 37       | 38:20,0        | 1001        |    |
| <b>38</b> | <b>Schmitt, Natascha</b> | <b>LG Eintracht Frankfurt</b>       |      | <b>86</b> | <b>W20</b> | <b>1</b> | <b>1</b> | <b>38:26,0</b> | <b>1214</b> |    |
| 39        | Kux, Dieter              | BSG Merck                           |      | 61        | M45        | 3        | 38       | 38:31,0        | 1130        |    |
| 40        | Guthmann, Thomas         | LG Rodgau                           |      | 82        | M20        | 15       | 39       | 38:34,0        | 1068        |    |
| 41        | Peuker, Herbert          | LG Rüsselsheim                      |      | 65        | M40        | 6        | 40       | 38:35,0        | 1173        |    |
| 42        | Schäfer, Jörg            | LG Stadt Hattersheim                |      | 66        | M40        | 7        | 41       | 38:40,0        | 1299        |    |
| 43        | Kusch, Stefan            | Wiesbaden                           |      | 75        | M30        | 9        | 42       | 38:46,0        | 1129        |    |
| 44        | Keil, Oliver             | Spiridon Frankfurt                  | GER  | 65        | M40        | 8        | 43       | 38:51,0        | 1430        |    |
| 45        | Heine, Thorsten          | Frankfurt                           |      | 69        | M35        | 9        | 44       | 39:07,0        | 1075        |    |
| <b>46</b> | <b>Hille, Claudia</b>    | <b>TSG Kleinostheim</b>             |      | <b>65</b> | <b>W40</b> | <b>1</b> | <b>2</b> | <b>39:10,0</b> | <b>5</b>    |    |
| 47        | Herd, Robert             | StartNet Team DSW Darmstadt         |      | 55        | M50        | 1        | 45       | 39:14,0        | 1081        |    |
| 48        | Deifel, Rainer           | Onsports.t-Online.de                |      | 67        | M35        | 10       | 46       | 39:16,0        | 1334        |    |
| 49        | Erten, Zafer             | Obertshausen                        |      | 67        | M35        | 11       | 47       | 39:17,0        | 1039        |    |
| 50        | Wächtershäuser, Bernd    | SKILLS 04 Frankfurt                 |      | 65        | M40        | 9        | 48       | 39:21,0        | 1245        |    |
| 51        | Fried, Markus            | TuS Griesheim                       |      | 81        | M20        | 16       | 49       | 39:29,0        | 1049        |    |
| 52        | Huck, Jörg               | Gross-Gerau                         |      | 67        | M35        | 12       | 50       | 39:32,0        | 1089        |    |
| 53        | Stork, Karsten           | Frankfurt                           | GER  | 71        | M35        | 13       | 51       | 39:37,0        | 1406        |    |
| 54        | Strubel, Markus          | Onsports.t-Online.de                |      | 73        | M30        | 10       | 52       | 39:41,0        | 1235        |    |
| 55        | Grimm, Bernd             | VfL Münster                         |      | 63        | M40        | 10       | 53       | 39:51,0        | 1063        |    |
| 56        | Graf, Udo                | BSG Merck                           |      | 64        | M40        | 11       | 54       | 39:55,0        | 1060        |    |
| 57        | Ebert, Hubert            |                                     |      | 69        | M35        | 14       | 55       | 39:56,0        | 1031        |    |
| 58        | Pleinert, Klaus          | TSV Modau                           |      | 51        | M55        | 1        | 56       | 40:01,0        | 1327        |    |
| 59        | Baghai, Caren            | SKILLS 04 Frankfurt                 |      | 69        | M35        | 15       | 57       | 40:03,0        | 1005        |    |
| 60        | Neumann, Seb             | Lang Lauf Jugenheim                 |      | 80        | M20        | 17       | 58       | 40:04,0        | 1159        |    |
| 61        | Hett, Andreas            | SC Oberursel                        | GER  | 64        | M40        | 12       | 59       | 40:04,0        | 1437        |    |
| 62        | Wohlfarth, Jürgen        | StartNet Team DSW Darmstadt         |      | 53        | M50        | 2        | 60       | 40:09,0        | 1260        |    |
| 63        | Kissel, Roland           | BSG Merck                           | GER  | 60        | M45        | 4        | 61       | 40:09,0        | 1421        |    |
| 64        | Pichl, Holger            | BSG Merck                           |      | 70        | M35        | 16       | 62       | 40:09,0        | 1175        |    |
| 65        | Buchmann, Helmut         | Mainz-Finthen                       |      | 63        | M40        | 13       | 63       | 40:14,0        | 1017        |    |
| 66        | Pollender, David         | Frankfurt                           |      | 79        | M20        | 18       | 64       | 40:16,0        | 1181        |    |
| 67        | Müller, Klaus            | TSV 03 Wolfskehlen-Riedstadt        |      | 58        | M45        | 5        | 65       | 40:16,0        | 1154        |    |
| 68        | Ahrens, Gerd             | BSG Merck                           |      | 68        | M35        | 17       | 66       | 40:17,0        | 1000        |    |
| 69        | Steffen, Jan             | Www.getfirefox.com                  |      | 73        | M30        | 11       | 67       | 40:20,0        | 1231        |    |
| 70        | Jörg, Peter              | Bio Runner Rhein-Main               |      | 65        | M40        | 14       | 68       | 40:24,0        | 1099        |    |
| 71        | Lenz, Sebastian          | Frankfurt a. M.                     |      | 75        | M30        | 12       | 69       | 40:37,0        | 1134        |    |

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|------------|---------------------------------|-------------------------------|------|-----------|------------|----------|----------|----------------|-------------|----|
| 72         | Obert, Peter                    | TV Bad Vilbel                 |      | 74        | M30        | 13       | 70       | 40:38,0        | 1427        |    |
| 73         | Nau, Wolfgang                   | Egelsbach                     | GER  | 65        | M40        | 15       | 71       | 40:42,0        | 1317        |    |
| 74         | Engel, Frank                    | BSG Merck                     |      | 67        | M35        | 18       | 72       | 40:43,0        | 1037        |    |
| 75         | Minakawa, Silvio                | Frankfurt                     | GER  | 80        | M20        | 19       | 73       | 40:45,0        | 1314        |    |
| 76         | Schwaab, Hans-Jürgen            | LF Naheland Bad Kreuznach     |      | 57        | M45        | 6        | 74       | 40:51,0        | 1320        |    |
| 77         | Rehm, Wolfgang                  | Bio Runner Rhein-Main         |      | 51        | M55        | 2        | 75       | 40:52,0        | 1186        |    |
| 78         | Prilla-Rehain, Marco            | SC Rusa                       | GER  | 78        | M20        | 20       | 76       | 40:52,0        | 1426        |    |
| 79         | Hartmann, Holger                | BSG Merck                     |      | 62        | M40        | 16       | 77       | 40:55,0        | 1072        |    |
| 80         | Stiller, Achim                  | LG Mörfelden-Walldorf         |      | 65        | M40        | 17       | 78       | 41:04,0        | 1232        |    |
| <b>81</b>  | <b>Hock, Stefanie</b>           | <b>ASC Darmstadt</b>          |      | <b>63</b> | <b>W40</b> | <b>2</b> | <b>3</b> | <b>41:08,0</b> | <b>1308</b> |    |
| 82         | Kropp, Andreas                  | VfL Münster                   |      | 73        | M30        | 14       | 79       | 41:11,0        | 1289        |    |
| 83         | Laszko, Tobias                  | Frankfurt am Main             | GER  | 79        | M20        | 21       | 80       | 41:14,0        | 1408        |    |
| 84         | Haus, Thorsten                  | VfL Münster                   | GER  | 76        | M30        | 15       | 81       | 41:17,0        | 1290        |    |
| 85         | Wünnenberg, Wolfgang            | Spiridon Frankfurt            |      | 57        | M45        | 7        | 82       | 41:21,0        | 1310        |    |
| 86         | Zimmermann, Peter               | LF Naheland Bad Kreuznach     |      | 50        | M55        | 3        | 83       | 41:23,0        | 1264        |    |
| 87         | Schmidt, Volker                 | BSG Merck                     |      | 76        | M30        | 16       | 84       | 41:31,0        | 1212        |    |
| 88         | Schirmer, Rainer                | LG Rüsselsheim                |      | 63        | M40        | 18       | 85       | 41:37,0        | 1208        |    |
| 89         | Gabel, Heiko                    | TSV 03 Wolfskehlen-Riedstadt  | GER  | 66        | M40        | 19       | 86       | 41:39,0        | 1344        |    |
| <b>90</b>  | <b>Weber, Irmgard</b>           | <b>LG Stadt Hattersheim</b>   |      | <b>60</b> | <b>W45</b> | <b>1</b> | <b>4</b> | <b>42:03,0</b> | <b>1335</b> |    |
| 91         | Linden, Michael                 | SLOW Motion Runners           |      | 67        | M35        | 19       | 87       | 42:07,0        | 1136        |    |
| 92         | Schreijma, Jens                 | LT Rheudommtrombler           |      | 75        | M30        | 17       | 88       | 42:08,0        | 1220        |    |
| 93         | Malz-Heyne, Richard             | Gross-Gerau                   |      | 57        | M45        | 8        | 89       | 42:08,0        | 1142        |    |
| 94         | Plaep, Maik                     | Büttelborn                    |      | 67        | M35        | 20       | 90       | 42:09,0        | 1179        |    |
| 95         | Franz, Chris                    | Frankfurt                     | GER  | 69        | M35        | 21       | 91       | 42:11,0        | 1315        |    |
| 96         | Kurz, Michael                   | Groß-Umstadt                  |      | 64        | M40        | 20       | 92       | 42:14,0        | 1128        |    |
| 97         | Habes, Michael                  | Frankfurt                     | GER  | 71        | M35        | 22       | 93       | 42:31,0        | 1303        |    |
| 98         | Widrinsky, Peter                | TSV 03 Wolfskehlen-Riedstadt  |      | 60        | M45        | 9        | 94       | 42:34,0        | 1309        |    |
| 99         | Baier, Günter                   | LG Stadt Hattersheim          |      | 40        | M65        | 1        | 95       | 42:36,0        | 1301        |    |
| 100        | Fengler, Matthias               | Polo-Club Darmstadt           |      | 66        | M40        | 21       | 96       | 42:48,0        | 1041        |    |
| 101        | Franke, Daniel                  | Mühlheim                      |      | 76        | M30        | 18       | 97       | 42:51,0        | 1328        |    |
| 102        | Maaß, Lutz                      | StartNet Team DSW Darmstadt   |      | 65        | M40        | 22       | 98       | 42:54,0        | 1141        |    |
| 103        | Walter, Rudolf                  | TuS Griesheim                 |      | 49        | M55        | 4        | 99       | 42:56,0        | 1249        |    |
| 104        | Monteiro, Helder                | Mainzel Runners               |      | 75        | M30        | 19       | 100      | 42:57,0        | 1151        |    |
| 105        | Steffen, Harry                  | LG Rüsselsheim                |      | 66        | M40        | 23       | 101      | 42:58,0        | 1230        |    |
| 106        | Emig, Ralph                     | TG Tria Rüsselsheim           |      | 60        | M45        | 10       | 102      | 42:59,0        | 1035        |    |
| 107        | Bender, Karlheinz               | ASC Marathon Friedberg        |      | 60        | M45        | 11       | 103      | 43:13,0        | 1009        |    |
| 108        | Lindner, Jürgen                 | Frankfurt am Main             |      | 62        | M40        | 24       | 104      | 43:16,0        | 1410        |    |
| 109        | Gerhard, Rolf                   | SC Oberursel Triathlon        |      | 56        | M50        | 3        | 105      | 43:16,0        | 1054        |    |
| 110        | Avan, Mehmet                    | LG Stadt Hattersheim          | GER  | 60        | M45        | 12       | 106      | 43:19,0        | 1300        |    |
| 111        | Bott, Karsten                   | Frankfurt                     |      | 69        | M35        | 23       | 107      | 43:20,0        | 1013        |    |
| 112        | Schmitt, Thomas                 | Mainz-Kastel                  | GER  | 63        | M40        | 25       | 108      | 43:20,0        | 1403        |    |
| 113        | Pinto, Jorge                    | Darmstadt                     |      | 74        | M30        | 20       | 109      | 43:21,0        | 1177        |    |
| 114        | Bürger, Dieter                  | Mörfelden-Walldorf            |      | 58        | M45        | 13       | 110      | 43:22,0        | 1019        |    |
| 115        | Bert, Thomas                    | Maingau                       |      | 68        | M35        | 24       | 111      | 43:28,0        | 1011        |    |
| 116        | Görg, Eckhard                   | TuS Deuz                      |      | 62        | M40        | 26       | 112      | 43:28,0        | 1059        |    |
| 117        | Buss, Dirk                      | TC Heilsberg                  |      | 63        | M40        | 27       | 113      | 43:33,0        | 1020        |    |
| <b>118</b> | <b>Grimm, Maren</b>             | <b>RSC Pedalo Weiterstadt</b> |      | <b>66</b> | <b>W40</b> | <b>3</b> | <b>5</b> | <b>43:35,0</b> | <b>1065</b> |    |
| 119        | Grimm, Thomas                   | RSC Pedalo Weiterstadt        |      | 59        | M45        | 14       | 114      | 43:36,0        | 1066        |    |
| 120        | Bohländer, Ralf                 | Erzhausen                     |      | 69        | M35        | 25       | 115      | 43:36,0        | 1432        |    |
| 121        | Heinlein, Michael               | TV Nieder-Beerbach            |      | 68        | M35        | 26       | 116      | 43:38,0        | 1076        |    |
| 122        | Heinze, Uwe                     | Tierfutter Mobil              |      | 64        | M40        | 28       | 117      | 43:47,0        | 1077        |    |
| 123        | Kurmies, Michael                | SV Blau-Gelb Darmstadt        |      | 69        | M35        | 27       | 118      | 43:51,0        | 1127        |    |
| 124        | Dr. Ziegler, Rudolf             |                               | GER  | 51        | M55        | 5        | 119      | 44:06,0        | 1297        |    |
| 125        | Wehle, Christian                | Frankfurt am Main             |      | 68        | M35        | 28       | 120      | 44:10,0        | 1250        |    |
| <b>126</b> | <b>Peters-Karbstein, Marion</b> | <b>Lauftreff Egelsbach</b>    |      | <b>64</b> | <b>W40</b> | <b>4</b> | <b>6</b> | <b>44:11,0</b> | <b>1405</b> |    |
| 127        | Hedderich, Stefan               | Stockstadt                    |      | 69        | M35        | 29       | 121      | 44:11,0        | 1321        |    |
| 128        | Oestreicher, Stefan             | VfL Münster                   | GER  | 87        | M20        | 22       | 122      | 44:13,0        | 1291        |    |
| <b>129</b> | <b>Seibert, Petra</b>           | <b>Spiridon Frankfurt</b>     |      | <b>59</b> | <b>W45</b> | <b>2</b> | <b>7</b> | <b>44:14,0</b> | <b>1347</b> |    |
| 130        | Hensen, Helke                   | LG Mörfelden-Walldorf         |      | 50        | M55        | 6        | 123      | 44:21,0        | 1080        |    |
| 131        | Reutzel, Matthias               | TV Echzell                    |      | 64        | M40        | 29       | 124      | 44:22,0        | 1435        |    |
| <b>132</b> | <b>Bukovanova, Eva</b>          | <b>Biking Raková</b>          |      | <b>77</b> | <b>W20</b> | <b>2</b> | <b>8</b> | <b>44:28,0</b> | <b>1018</b> |    |
| 133        | Mönnig, Jürgen                  | TuS Griesheim                 |      | 62        | M40        | 30       | 125      | 44:33,0        | 1150        |    |
| 134        | Kettler, Frank                  | LT Nordlichter 03             |      | 67        | M35        | 30       | 126      | 44:34,0        | 1106        |    |
| 135        | Weinmann, Fritz                 | SC Steinberg Dietzenbach      |      | 55        | M50        | 4        | 127      | 44:41,0        | 1255        |    |
| 136        | Knoll, Günter                   | LT Büttelborn                 |      | 49        | M55        | 7        | 128      | 44:44,0        | 1115        |    |
| 137        | Crößmann, Stephan               | StartNet Team DSW Darmstadt   |      | 81        | M20        | 23       | 129      | 44:44,0        | 1340        |    |
| 138        | Weinberg, Thomas                | FTG Frankfurt                 |      | 61        | M45        | 15       | 130      | 44:46,0        | 1253        |    |
| 139        | Özkan, Arikan                   | Gross-Gerau                   |      | 79        | M20        | 24       | 131      | 45:12,0        | 1168        |    |
| 140        | Ranaudo, Gianni                 | mumpsbacken                   |      | 74        | M30        | 21       | 132      | 45:13,0        | 1184        |    |
| 141        | Rihak, Volker                   | LG BEC                        |      | 61        | M45        | 16       | 133      | 45:16,0        | 1189        |    |
| 142        | Wetzels, Klaus                  | Rotböhl Rangers               |      | 59        | M45        | 17       | 134      | 45:18,0        | 1258        |    |
| 143        | Pfeiffer, Jürgen                | Hofheim am Taunus             |      | 48        | M55        | 8        | 135      | 45:19,0        | 1174        |    |

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|------------|----------------------------|------------------------------|------------|-----------|------------|----------|-----------|----------------|-------------|----|
| 144        | Filler, Jürgen             | Lecker                       |            | 64        | M40        | 31       | 136       | 45:20,0        | 1044        |    |
| 145        | Karl, Rainer               | LT Egelsbach                 |            | 66        | M40        | 32       | 137       | 45:26,0        | 1404        |    |
| 146        | Öztürk, Aslan              | Worms                        | GER        | 84        | M20        | 25       | 138       | 45:27,0        | 1306        |    |
| 147        | Remscheid, Markus          | Marathonprojekt Frankfurt    |            | 72        | M30        | 22       | 139       | 45:28,0        | 1188        |    |
| 148        | Lesewa, Gerd               |                              |            | 64        | M40        | 33       | 140       | 45:36,0        | 1135        |    |
| 149        | Rübenkönig, Michael G.     | SG Sandbach                  |            | 60        | M45        | 18       | 141       | 45:45,0        | 1193        |    |
| 150        | Emrich, Hans               | Weiterstadt                  |            | 62        | M40        | 34       | 142       | 45:46,0        | 1036        |    |
| <b>151</b> | <b>Jaks, Eva</b>           | <b>SKILLS 04 Frankfurt</b>   |            | <b>75</b> | <b>W30</b> | <b>1</b> | <b>9</b>  | <b>45:47,0</b> | <b>1093</b> |    |
| 152        | Polzin, Gerhard            | Friedrichsdorf               |            | 49        | M55        | 9        | 143       | 45:49,0        | 1182        |    |
| 153        | Ziegler, Gerd              | BSG Merck                    |            | 45        | M60        | 1        | 144       | 45:55,0        | 1263        |    |
| 154        | Wengel, Rainer             |                              |            | 63        | M40        | 35       | 145       | 46:00,0        | 1257        |    |
| 155        | Tichy, Martin              | Griesheim                    | GER        | 69        | M35        | 31       | 146       | 46:09,0        | 1442        |    |
| 156        | Kunze, Hans-Jürgen         | Spiridon Frankfurt           |            | 65        | M40        | 36       | 147       | 46:09,0        | 1325        |    |
| 157        | Kloske, Stefan             | Pfungstadt                   |            | 75        | M30        | 23       | 148       | 46:11,0        | 1113        |    |
| 158        | Schupp, Sören              |                              |            | 67        | M35        | 32       | 149       | 46:13,0        | 1224        |    |
| 159        | Gulla, Herbert             | LG Stadt Hattersheim         |            | 37        | M65        | 2        | 150       | 46:17,0        | 1302        |    |
| 160        | Andrew, Matthias           | Klein-Gerau                  | GER        | 70        | M35        | 33       | 151       | 46:21,0        | 1311        |    |
| 161        | Walz, Uwe                  | TSV Sensbachtal              |            | 58        | M45        | 19       | 152       | 46:23,0        | 1316        |    |
| 162        | Gesell, Jörg               | Griesheim                    |            | 72        | M30        | 24       | 153       | 46:33,0        | 1057        |    |
| 163        | Hupe, Torsten              | Orplid Darmstadt             |            | 66        | M40        | 37       | 154       | 46:40,0        | 1090        |    |
| 164        | Schönsiegel, Markus        | Griesheim                    |            | 62        | M40        | 38       | 155       | 46:41,0        | 1217        |    |
| 165        | Feuser, Roland             | Mühltal                      |            | 68        | M35        | 34       | 156       | 46:49,0        | 1042        |    |
| 166        | Schroth, Arnold            | Eintracht Lambsheim          |            | 38        | M65        | 3        | 157       | 46:50,0        | 1222        |    |
| 167        | Heldmann, Klaus            | BSG Merck                    |            | 54        | M50        | 5        | 158       | 46:56,0        | 1078        |    |
| 168        | Hottes, Tobias             | TV Gross-Zimmern             |            | 74        | M30        | 25       | 159       | 47:00,0        | 1088        |    |
| 169        | Blumenstein, Heinrich      | LT Weiterstadt               | GER        | 53        | M50        | 6        | 160       | 47:04,0        | 1429        |    |
| 170        | Jäger, Uwe                 | Kriftel                      |            | 61        | M45        | 20       | 161       | 47:31,0        | 1341        |    |
| 171        | Resch, Wolfgang            | Friedrichsdorf               | GER        | 48        | M55        | 10       | 162       | 47:31,0        | 1402        |    |
| <b>172</b> | <b>Lang, Simone</b>        | <b>LSG Karlsruhe</b>         |            | <b>77</b> | <b>W20</b> | <b>3</b> | <b>10</b> | <b>47:39,0</b> | <b>1131</b> |    |
| 173        | Wendel, Peter              | BSG Merck                    |            | 56        | M50        | 7        | 163       | 47:44,0        | 1256        |    |
| <b>174</b> | <b>Schmidt, Sylke</b>      | <b>TV Hahn</b>               |            | <b>66</b> | <b>W40</b> | <b>5</b> | <b>11</b> | <b>47:59,0</b> | <b>1331</b> |    |
| 175        | Schmalfuß, Daniel          | Berlin                       |            | 74        | M30        | 26       | 164       | 48:05,0        | 1210        |    |
| 176        | Chiriatti, Roby            | Sportamt Frankfurt           | ITA        | 72        | M30        | 27       | 165       | 48:08,0        | 1296        |    |
| 177        | Klomann, Armin             | Seedammbad Bad Homburg       |            | 65        | M40        | 39       | 166       | 48:11,0        | 1112        |    |
| 178        | Oldenburg, Christoph       | SG Egelsbach                 |            | 64        | M40        | 40       | 167       | 48:14,0        | 1166        |    |
| 179        | Pineiro, Juan              | Griesheim                    |            | 66        | M40        | 41       | 168       | 48:15,0        | 1176        |    |
| 180        | Fornoff, Jürgen            | Frizz Das Magazin Darmstadt  |            | 56        | M50        | 8        | 169       | 48:17,0        | 1048        |    |
| 181        | Diehl, Roland              | SV Tiefenbach                |            | 64        | M40        | 42       | 170       | 48:20,0        | 1028        |    |
| 182        | Blickhan, Günter           | TM Babenhausen               |            | 58        | M45        | 21       | 171       | 48:21,0        | 1012        |    |
| <b>183</b> | <b>Ostmann, Petra</b>      | <b>Spiridon Frankfurt</b>    | <b>GER</b> | <b>69</b> | <b>W35</b> | <b>1</b> | <b>12</b> | <b>48:23,0</b> | <b>1409</b> |    |
| 184        | Hustig, Karsten            | Wertheim                     |            | 62        | M40        | 43       | 172       | 48:24,0        | 1091        |    |
| 185        | Schaefer, Gerald           | BSG Merck                    |            | 55        | M50        | 9        | 173       | 48:27,0        | 1203        |    |
| 186        | Gebhard, Michael           | LF Naheland Bad Kreuznach    |            | 49        | M55        | 11       | 174       | 48:38,0        | 1051        |    |
| 187        | Schäffer, Sven             | TV Mainz-Weisenau            |            | 66        | M40        | 44       | 175       | 48:43,0        | 1205        |    |
| 188        | Mundt, Harald              | LG Rüsselsheim               |            | 42        | M60        | 2        | 176       | 48:46,0        | 1338        |    |
| 189        | Rauch, Daniel              |                              |            | 88        | M20        | 26       | 177       | 48:49,0        | 1185        |    |
| 190        | Fengler, Alexander         | Idstein                      |            | 88        | M20        | 27       | 178       | 48:50,0        | 1330        |    |
| 191        | Zurek, Jan                 | TuS Griesheim                |            | 67        | M35        | 35       | 179       | 48:51,0        | 1266        |    |
| <b>192</b> | <b>Jehle, Heike</b>        | <b>TV 1886 Trebur</b>        |            | <b>65</b> | <b>W40</b> | <b>6</b> | <b>13</b> | <b>48:57,0</b> | <b>1097</b> |    |
| 193        | Riedmüller, Florian        | Barfuß Jerusalem             |            | 73        | M30        | 28       | 180       | 48:58,0        | 1422        |    |
| <b>194</b> | <b>Kroboth, Veronika</b>   | <b>LG BEC</b>                |            | <b>42</b> | <b>W60</b> | <b>1</b> | <b>14</b> | <b>49:00,0</b> | <b>1122</b> |    |
| 195        | Schulz, Günter             | Bad Soden                    |            | 30        | M75        | 1        | 181       | 49:01,0        | 1312        |    |
| <b>196</b> | <b>Wicker, Katrin</b>      | <b>Frankfurt</b>             |            | <b>62</b> | <b>W40</b> | <b>7</b> | <b>15</b> | <b>49:02,0</b> | <b>1259</b> |    |
| 197        | Heller, Dieter             | ESV Blau-Gold Frankfurt      |            | 38        | M65        | 4        | 182       | 49:02,0        | 1079        |    |
| <b>198</b> | <b>Sievers, Annette</b>    | <b>Mühlheim</b>              |            | <b>59</b> | <b>W45</b> | <b>3</b> | <b>16</b> | <b>49:08,0</b> | <b>1227</b> |    |
| 199        | Kröger, Lars               | TV Eberstadt                 |            | 75        | M30        | 29       | 183       | 49:12,0        | 1123        |    |
| <b>200</b> | <b>Link, Annegret</b>      | <b>TSG Ober-Eschbach</b>     |            | <b>61</b> | <b>W45</b> | <b>4</b> | <b>17</b> | <b>49:18,0</b> | <b>1138</b> |    |
| 201        | Tron, Hans-Joachim         | Mörfelden-Walldorf           | GER        | 58        | M45        | 22       | 184       | 49:25,0        | 1428        |    |
| <b>202</b> | <b>Walsleben, Tanja</b>    | <b>Wörrstadt</b>             |            | <b>71</b> | <b>W35</b> | <b>2</b> | <b>18</b> | <b>49:27,0</b> | <b>1248</b> |    |
| 203        | Schrod, Thomas             | Marathonprojekt Frankfurt    |            | 48        | M55        | 12       | 185       | 49:37,0        | 1221        |    |
| 204        | Reibold, Michael           | Cosynus                      |            | 71        | M35        | 36       | 186       | 49:43,0        | 1439        |    |
| 205        | Imhausen, Stefan           | SLOW Motion Runners          |            | 74        | M30        | 30       | 187       | 49:44,0        | 1092        |    |
| <b>206</b> | <b>Cezanne, Angelika</b>   | <b>LG Mörfelden-Walldorf</b> |            | <b>63</b> | <b>W40</b> | <b>8</b> | <b>19</b> | <b>49:45,0</b> | <b>1022</b> |    |
| 207        | Roschke, Udo               | LG Hochtaunus                |            | 35        | M70        | 1        | 188       | 49:49,0        | 1192        |    |
| <b>208</b> | <b>Georg-Boehm, Olivia</b> | <b>TV Babenhausen</b>        |            | <b>70</b> | <b>W35</b> | <b>3</b> | <b>20</b> | <b>49:51,0</b> | <b>1053</b> |    |
| <b>209</b> | <b>Hofmann, Caroline</b>   | <b>LG BEC</b>                |            | <b>66</b> | <b>W40</b> | <b>9</b> | <b>21</b> | <b>49:57,0</b> | <b>1086</b> |    |
| 210        | Zupperi, Gaetano           | Offenbach                    |            | 54        | M50        | 10       | 189       | 50:06,0        | 1265        |    |
| 211        | Stange, Ralf               | Weiterstadt                  | GER        | 52        | M50        | 11       | 190       | 50:07,0        | 1323        |    |
| 212        | Ochsner, Wolfgang          | Frankfurt am Main            | GER        | 60        | M45        | 23       | 191       | 50:09,0        | 1411        |    |
| 213        | Geissler, Hans Peter       | Ober Ramstadt                |            | 57        | M45        | 24       | 192       | 50:21,0        | 1052        |    |
| 214        | Fischer, Hans Sigmund      | Synventive Hot Runners       |            | 60        | M45        | 25       | 193       | 50:28,0        | 1045        |    |
| 215        | Baumann, Steffen           | Bensheim                     | GER        | 71        | M35        | 37       | 194       | 50:36,0        | 1423        |    |

# 18. Griesheimer Citylauf

Ergebnisliste 10000m Lauf

25.03.2006

| Rang       | Name                           | Verein / Ort                       | Nat.       | Jg        | Kl.        | Platz     | MW-P.     | Zeit             | StNr        | VL |
|------------|--------------------------------|------------------------------------|------------|-----------|------------|-----------|-----------|------------------|-------------|----|
| 216        | Schäfer, Jürgen                | Frankfurt                          |            | 65        | M40        | 45        | 195       | 50:40,0          | 1329        |    |
| <b>217</b> | <b>Schredelseker, Christel</b> | <b>TG Winkel</b>                   |            | <b>50</b> | <b>W55</b> | <b>1</b>  | <b>22</b> | <b>50:48,0</b>   | <b>1218</b> |    |
| 218        | Block, Tillmann                | Frankfurt                          | GER        | 58        | M45        | 26        | 196       | 50:52,0          | 1305        |    |
| 219        | Mitter, Stefan                 | ASC Zeilsheim                      |            | 64        | M40        | 46        | 197       | 51:01,0          | 1148        |    |
| <b>220</b> | <b>Mai, Constanze</b>          | <b>LG Rüsselsheim</b>              |            | <b>69</b> | <b>W35</b> | <b>4</b>  | <b>23</b> | <b>51:03,0</b>   | <b>1337</b> |    |
| <b>221</b> | <b>Melchior, Karin</b>         | <b>StartNet Team DSW Darmstadt</b> |            | <b>68</b> | <b>W35</b> | <b>5</b>  | <b>24</b> | <b>51:05,0</b>   | <b>1145</b> |    |
| <b>222</b> | <b>Müller, Steffi</b>          | <b>Erzhausen</b>                   |            | <b>74</b> | <b>W30</b> | <b>2</b>  | <b>25</b> | <b>51:09,0</b>   | <b>1156</b> |    |
| 223        | Janßen Holldiek, Holger        | Schwimmfreunde Frankfurt Sff       |            | 80        | M20        | 28        | 198       | 51:17,0          | 1095        |    |
| 224        | Mensing, Michael               | Griesheim                          |            | 66        | M40        | 47        | 199       | 51:19,0          | 1339        |    |
| 225        | Weifenbach, Holger             | TuS Griesheim                      |            | 51        | M55        | 13        | 200       | 51:27,0          | 1252        |    |
| 226        | Hiltmann, Jens                 | Langen                             |            | 67        | M35        | 38        | 201       | 51:35,0          | 1085        |    |
| 227        | Gölz, Michael                  | Mannheim                           |            | 83        | M20        | 29        | 202       | 51:43,0          | 1058        |    |
| 228        | Ritz, Detlef                   | Griesheim                          |            | 58        | M45        | 27        | 203       | 51:45,0          | 1190        |    |
| 229        | Graf, Oliver                   | Frankfurt                          | GER        | 69        | M35        | 39        | 204       | 51:49,0          | 1313        |    |
| 230        | Müller, Hans Peter             | Oberursel                          |            | 60        | M45        | 28        | 205       | 51:53,0          | 1153        |    |
| <b>231</b> | <b>Appel, Dagmar</b>           | <b>BSG Merck</b>                   |            | <b>60</b> | <b>W45</b> | <b>5</b>  | <b>26</b> | <b>52:21,0</b>   | <b>1002</b> |    |
| 232        | Harms, Günter                  | Ads Racing                         |            | 61        | M45        | 29        | 206       | 52:21,0          | 1070        |    |
| 233        | Stöcker, Wolfgang              | Spiridon Frankfurt                 |            | 54        | M50        | 12        | 207       | 52:26,0          | 1234        |    |
| 234        | Heller, Slawomir               | Griesheim                          |            | 56        | M50        | 13        | 208       | 52:31,0          | 1293        |    |
| 235        | Nickut, Peter                  | Mainz                              |            | 63        | M40        | 48        | 209       | 52:36,0          | 1162        |    |
| 236        | Weber, Jürgen                  | VfL Münster                        |            | 67        | M35        | 40        | 210       | 52:40,0          | 1288        |    |
| 237        | Artiaga, Silvestre             | mumpsbacken                        |            | 74        | M30        | 31        | 211       | 52:47,0          | 1003        |    |
| <b>238</b> | <b>Thiede, Dr. Simone</b>      | <b>Fulda</b>                       |            | <b>64</b> | <b>W40</b> | <b>10</b> | <b>27</b> | <b>52:48,0</b>   | <b>1298</b> |    |
| 239        | Stjepovic, Peter               | SKV Büttelborn                     |            | 67        | M35        | 41        | 212       | 52:56,0          | 1233        |    |
| 240        | Hertzner, Andre                |                                    |            | 60        | M45        | 30        | 213       | 53:08,0          | 1082        |    |
| 241        | Kahlert, Sebastian             | Hünstetten-Görsroth                |            | 88        | M20        | 30        | 214       | 53:10,0          | 1100        |    |
| 242        | Ungerer, Volker                | Spiridon Frankfurt                 |            | 46        | M60        | 3         | 215       | 53:14,0          | 1240        |    |
| 243        | Brand, Lothar                  | Griesheim                          |            | 58        | M45        | 31        | 216       | 53:23,0          | 1014        |    |
| 244        | Kaufmann, Thorsten             | Griesheim                          |            | 64        | M40        | 49        | 217       | 53:23,0          | 1103        |    |
| 245        | Erber, Stefan                  | BSG Merck                          |            | 66        | M40        | 50        | 218       | 53:24,0          | 1038        |    |
| 246        | Namendorf, Friedhelm           | BSG Merck                          | GER        | 41        | M65        | 5         | 219       | 53:29,0          | 1333        |    |
| <b>247</b> | <b>Schulze, Heike</b>          | <b>TB Wiesbaden</b>                |            | <b>60</b> | <b>W45</b> | <b>6</b>  | <b>28</b> | <b>53:32,0</b>   | <b>1223</b> |    |
| 248        | Oser, Stefan                   | SV Klein-Gerau                     |            | 67        | M35        | 42        | 220       | 53:40,0          | 1431        |    |
| <b>249</b> | <b>Niklaus, Susanne</b>        | <b>SKV Nauheim</b>                 |            | <b>67</b> | <b>W35</b> | <b>6</b>  | <b>29</b> | <b>53:41,0</b>   | <b>1163</b> |    |
| 250        | Emig, Markus                   | BSG Merck                          |            | 70        | M35        | 43        | 221       | 53:55,0          | 1034        |    |
| 251        | Dillmann, Michael              | Vfl Goldstein                      |            | 64        | M40        | 51        | 222       | 54:02,0          | 1030        |    |
| 252        | Rudolf, Wolfgang               | Marathonprojekt Frankfurt          |            | 49        | M55        | 14        | 223       | 54:03,0          | 1196        |    |
| 253        | Kaiser, Wolfgang               | Ober-Ramstadt                      |            | 56        | M50        | 14        | 224       | 54:05,0          | 1101        |    |
| 254        | Link, Karl                     | TSG Ober-Eschbach                  |            | 53        | M50        | 15        | 225       | 54:14,0          | 1139        |    |
| 255        | Müller, Berthold               | LT Philippsburg                    | GER        | 55        | M50        | 16        | 226       | 54:29,0          | 1424        |    |
| 256        | Keusemann, Guenter             | Offenbach                          |            | 48        | M55        | 15        | 227       | 54:45,0          | 1108        |    |
| 257        | Meutzner, Edgar                | Www.galleryabstract.com            |            | 55        | M50        | 17        | 228       | 54:48,0          | 1146        |    |
| 258        | Preußner, Peter                | CANI Cross Team                    |            | 53        | M50        | 18        | 229       | 54:52,0          | 1307        |    |
| <b>259</b> | <b>Edelmann, Renate</b>        | <b>LT Meckenheim</b>               |            | <b>56</b> | <b>W50</b> | <b>1</b>  | <b>30</b> | <b>54:54,0</b>   | <b>1326</b> |    |
| 260        | Kohl, Thomas                   | Chaos Walluff 89                   |            | 68        | M35        | 44        | 230       | 54:56,0          | 1116        |    |
| 261        | Saemann, Detlef                | Frankfurt                          |            | 61        | M45        | 32        | 231       | 54:58,0          | 1201        |    |
| 262        | Fünning, Heiko                 | Heppenheim                         |            | 75        | M30        | 32        | 232       | 55:15,0          | 1050        |    |
| <b>263</b> | <b>Jarczyk, Gudrun</b>         | <b>Frankfurt am Main</b>           |            | <b>58</b> | <b>W45</b> | <b>7</b>  | <b>31</b> | <b>55:49,0</b>   | <b>1096</b> |    |
| 264        | Nold, Dr. Helmut               | TuS Griesheim                      |            | 56        | M50        | 19        | 233       | 55:56,0          | 1164        |    |
| 265        | Eichenauer, Franz-Josef        | TG Traisa                          | GER        | 49        | M55        | 16        | 234       | 55:58,0          | 1324        |    |
| 266        | Diehm, Alexander               | Hofheim                            |            | 76        | M30        | 33        | 235       | 56:05,0          | 1029        |    |
| 267        | Lindenfeld, Jochen             | Neu-Isenburg                       |            | 69        | M35        | 45        | 236       | 56:07,0          | 1137        |    |
| 268        | Diehl, Rainer                  | Run4ever                           |            | 58        | M45        | 33        | 237       | 56:40,0          | 1027        |    |
| <b>269</b> | <b>Korkesch, Andrea</b>        |                                    |            | <b>67</b> | <b>W35</b> | <b>7</b>  | <b>32</b> | <b>57:21,0</b>   | <b>1119</b> |    |
| 270        | Chernohorsky, Zdenek           | Synventive Hot Runners             |            | 76        | M30        | 34        | 238       | 57:29,0          | 1023        |    |
| <b>271</b> | <b>Rudolf, Monika</b>          | <b>RSG Fichtenhof</b>              |            | <b>64</b> | <b>W40</b> | <b>11</b> | <b>33</b> | <b>57:33,0</b>   | <b>1195</b> |    |
| 272        | Lehné, Lothar                  | Vodafone Lauftreff Bergstraße      |            | 66        | M40        | 52        | 239       | 58:17,0          | 1132        |    |
| 273        | Hofmann Jarczyk, Winfried      | Frankfurt am Main                  |            | 51        | M55        | 17        | 240       | 58:21,0          | 1087        |    |
| 274        | Scharning, Karl                | TSV 03 Wolfskehlen-Riedstadt       |            | 56        | M50        | 20        | 241       | 58:37,0          | 1207        |    |
| <b>275</b> | <b>Warner, Annette</b>         | <b>SLOW Motion Runners</b>         | <b>GER</b> | <b>70</b> | <b>W35</b> | <b>8</b>  | <b>34</b> | <b>59:15,0</b>   | <b>1332</b> |    |
| <b>276</b> | <b>Dauenhauer, Sigrun</b>      | <b>Weiterstadt</b>                 |            | <b>68</b> | <b>W35</b> | <b>9</b>  | <b>35</b> | <b>59:26,0</b>   | <b>1026</b> |    |
| 277        | Nickel, Klaus                  | BSG Sparkasse Darmstadt            |            | 62        | M40        | 53        | 242       | 1:00:05,0        | 1161        |    |
| 278        | Guerrero, Jose                 | Riedstadt                          |            | 62        | M40        | 54        | 243       | 1:00:11,0        | 1067        |    |
| 279        | Kahllund, Peter                | Friedrichsdorf                     | GER        | 43        | M60        | 4         | 244       | 1:00:46,0        | 1438        |    |
| 280        | Rehbein, Jörg                  | Hattersheim                        |            | 63        | M40        | 55        | 245       | 1:01:45,0        | 1342        |    |
| <b>281</b> | <b>Baumer, Petra</b>           | <b>Nidderau</b>                    |            | <b>57</b> | <b>W45</b> | <b>8</b>  | <b>36</b> | <b>1:02:29,0</b> | <b>1007</b> |    |
| <b>282</b> | <b>Folger, Dunja</b>           | <b>Gross-Gerau</b>                 |            | <b>69</b> | <b>W35</b> | <b>10</b> | <b>37</b> | <b>1:04:24,0</b> | <b>1047</b> |    |
| 283        | Neibig, Martin                 | Idstein                            |            | 87        | M20        | 31        | 246       | 1:05:43,0        | 1158        |    |
| <b>284</b> | <b>Brod, Maike</b>             | <b>Idstein</b>                     |            | <b>88</b> | <b>W20</b> | <b>4</b>  | <b>38</b> | <b>1:06:02,0</b> | <b>1016</b> |    |
| <b>285</b> | <b>Rücker, Kerstin</b>         | <b>Wiesbaden</b>                   |            | <b>71</b> | <b>W35</b> | <b>11</b> | <b>39</b> | <b>1:06:23,0</b> | <b>1194</b> |    |
| <b>286</b> | <b>Luibrand, Anja</b>          |                                    |            | <b>81</b> | <b>W20</b> | <b>5</b>  | <b>40</b> | <b>1:07:50,0</b> | <b>1140</b> |    |
| <b>287</b> | <b>Beier, Silke</b>            |                                    |            | <b>76</b> | <b>W30</b> | <b>3</b>  | <b>41</b> | <b>1:07:50,0</b> | <b>1008</b> |    |

# 18. Griesheimer Citylauf



Ergebnisliste 10000m Lauf

25.03.2006

| Rang | Name              | Verein / Ort | Nat. | Jg | Kl. | Platz | MW-P. | Zeit      | StNr | VL |
|------|-------------------|--------------|------|----|-----|-------|-------|-----------|------|----|
| 288  | Faßhauer, Florian | Griesheim    | GER  | 62 | M40 | 56    | 247   | 1:07:52,0 | 1292 |    |
| 289  | Sisco, Christian  |              |      | 74 | M30 | 35    | 248   | 1:07:52,0 | 1228 |    |